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PLEASE READ CAREFULLY BEFORE ARRIVING AT YOUR
APPOINTMENT. NOT ADHERING TO
THESE INSTRUCTIONS
CAN IMPACT YOUR END RESULT.

- No excessive alcohol consumption 24 hours before your procedure.
- Avoid sun and tanning one week prior to the procedure.
- Do not take Aspirin, Niacin (Vitamin B3), Vitamin E, or Advil/Ibuprofen 24 hours before The procedure.
- No brow waxing, tinting, microdermabrasion, or chemical peels 1-2 weeks prior.
- Discontinue the use of Accutane/Retin-A or any other acne medication for at least 6 months. prior to the procedure.
- No Botox/filler around the brow area or forehead 4 weeks prior.
- Discontinue eyelash growth serum 6 months prior to brow procedure.
- Please Note: You will be more sensitive during your menstrual cycle.