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Permanent Makeup Pre/Post Care

Before your procedure:

- DO NOT tweeze, wax, tint, perform laser or electrolysis at least 1 WEEK before
- your procedure.
- Avoid tanning, sunburned face, or any type of facial or chemical peel for 2
- WEEKS prior to the procedure.
- DO NOT have any Botox done for 3 WEEKS prior to the procedure.
- Discontinue Vitamin A/ Retinol for 1 MONTH prior to the procedure.
- DO NOT take any form of blood thinners 1 WEEK prior to the procedure, including
- Fish Oil or Vitamin E.
- DO NOT exercise 24 HOURS before the procedure.
- 24 HOURS Prior: DO NOT consume alcohol, coffee, caffeine, or sodas.
- Also, DO NOT take aspirin or ibuprofen.
- Make appointment 3 WEEKS before any special occasion to allow for healing.

Following your appointment:

- Immediately after your appointment, KEEP DRY for 1-2 hours.
- After 1-2 hours, put a thin layer of OINTMENT on the treatment area. Keep applying twice a day for 4 days. Always apply ointment with a clean applicator and not your fingertips during the healing process.
- DO NOT allow the treated area to get wet for 2 weeks. (Avoid pools, sauna, ocean, etc.) Apply ointment before showers.
- DO NOT touch, rub, scrub, or pick at scabs, this will cause pigment
- discoloration and scarring.
- DO NOT apply any makeup, lotions, creams, etc. on the treated area, other than ointment until completely healed.
- AVOID heavy sweating for the first 10 days. Pores will open and the salt in
- sweat may fade, blur or take out the pigment.
- AVOID tanning beds and direct sunlight to the treated area for 3 weeks.
- AVOID sleeping on your face for at least 10 days. A satin pillowcase is
- recommended while healing.

The treated areas may appear darker due to natural scabbing during healing. Your cosmetic tattoo will fade after 7 days to a softer color. All skin is different, pigment retention and healing will vary. Oily skin typically needs a touch-up sooner. Following instructions carefully will achieve the best results.

Maintaining the treated area:

- Do not use any Retin-A or Glycolic Acids in the brow area during or after
- healing. Use “total sunblock” to prevent fading.
- Use caution when swimming. We recommend applying a barrier cream
- whenever going into chlorinated pools or salt water.
- Cosmetic tattoo procedures are a 2-step process. For best results, we recommend a touch-up within 1-3 months, then yearly.
- Signs of infection include excessive swelling, redness, tenderness, elevated temperature, red streaking, or purulent drainage from the procedure site. If you experience any of these symptoms, contact your physician and seek medical care.